DIRECTIONS

1. Combine 3/4 cup of Milk Powder to 4 cups of warm water.
2. Mix in blender or with wire whisk for about 30 seconds.
3. Chill overnight.
4. Makes 1 quart

Ingredients: Sweet dairy whey, non-fat dry milk solids, chocolate flavor, partially hydrogenated vegetable oil (contains one or more of the following: coconut oil and /or soya oil), corn syrup solids, sodium caseinate, dipotassium phosphate, tricalcium phosphate, sodium stearol lactylate, lecithin, cocoa (processed with alkali), natural and artificial flavors and colors, guar and xanthan gums, salt, vitamin A, vitamin D3.

Contains dairy and soy.

SHELF LIFE: Best when stored in a cool dry place at temperatures between 55 and 70 degrees F.

Sealed to 15 years • Opened to 1 year

Please note: heat, moisture, oxygen and light will deteriorate this product if not stored properly.

Harveston FARMS™

CHOCOLATE MILK

NET WT 5 LBS (2.27 kg)

Nutrition Facts

Serving Size 3.5 Tablespoons
Servings Per Container 60

Amount Per Serving	
Calories 150	Calories from Fat 20
	% Daily Value*
Total Fat 2g	**3%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 150mg	**6%**
Total Carbohydrate 31g	**10%**
Dietary Fiber 1g	**4%**
Sugars 9g	
Protein 3g	

Vitamin A	30%	• Vitamin C	30%
Calcium	10%	• Iron	0%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 Carbs 4 Protein 4

Shelf life estimates are based on industry studies from sources deemed reputable. Since Harveston Farms™ has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

AFTER OPENING: Reseal unused contents with plastic resealable lid. Refrigerate reconstituted items in an airtight container.

An oxygen absorbing packet is enclosed to preserve freshness. Please remove and discard when opening can.

This package is sold by weight, not volume. Some settling may have occurred due to shipping, handling or variation in product density.

Processed in a plant that handles wheat, eggs, dairy, soy, peanut and tree nuts.

Date opened_____

DH37-0811

Harveston FARMS™

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